

PE LTP 2024/2025

Year Group	Autumn Term		Spring Term		Summer Term	
EYFS	Dance Unit 1	Intro to PE Unit 1	Fundamentals Unit 1	Gymnastics Unit 1	Ball Skills Unit 1	Games Unit 1
Y1/2	<u>Dance</u>	<u>Net and Wall</u>	<u>Gymnastics</u>	<u>Striking & Receiving</u>	<u>Athletics</u>	<u>Handball</u>
	Choices (Pick 2): Yoga, Fundamentals or Fitness		Choices (Pick 2): Target Games, Sending & Receiving or Invasion Games		Choices (Pick 2): Ball Skills, Team Building or one not chosen from the previous term	
Y3/4	<u>Ballet (Y3)</u> <u>Yoga (Y4)</u>	<u>Gymnastics</u>	<u>Dance</u>	<u>OAA</u>	<u>Handball</u>	<u>Athletics</u>
	Choices (Pick 2): Fitness, Ball Skills Y34 or Fundamentals Y34		Choices (Pick 2): Dodgeball, Tag Rugby or Hockey		<u>Tennis</u> & Choose 1 more: Cricket, Basketball or Football	
Y5	<u>Swimming</u>	<u>Swimming</u>	<u>Swimming</u>	<u>Tennis</u>	<u>Athletics</u>	<u>Handball</u>
	<u>OAA</u>	<u>Dance</u>	<u>Gymnastics</u> & Choose 1 more: Dodgeball, Netball or Fitness		Choices (Pick 2): Basketball, Football or Cricket	
Y6	<u>OAA</u>	<u>Dance</u>	<u>Gymnastics</u>	<u>Tennis</u>	<u>Handball</u>	<u>Athletics</u>
	Choices (Pick 2): Fitness, Dodgeball or Basketball		Choices (Pick 2): Yoga, Football or Tag Rugby		Choices (Pick 2): Cricket, Netball or Hockey	

Some terms have limited or no choice depending on other curricular obligations (Example: swimming and ballet)

Underlined skills/sports are core skills/ knowledge the children need and must be taught.

Non-Optional Skills/ Sports are underlined and should be taught once per week

At the start of each term, choose the two other subjects that will be taught alongside as a class from the options given. These will then be taught in your second lesson that week.