



Curriculum PLUS

CO-CURRICULAR
PROGRAMME

 **REDHILL**
ACADEMY TRUST

Equality and Achievement

2024-25

Welcome to Curriculum Plus



Our academy promotes activities that widen our students' experiences through our Curriculum Plus programme. This includes opportunities to participate in sport clubs, the performing arts, residential trips, cultural experiences and character-building challenges.

These experiences help to develop our students' self-confidence, build their resilience, and feel a sense of belonging. They also challenge our students to learn new skills and find a passion that they can take with them throughout their life.

Students can take part in activities they already love or choose to try something brand new. We encourage all students to get involved and choose at least one or two Curriculum Plus activities.

Find out more about our Curriculum Plus programme by following [@RHTCurricular](#) on Twitter.

Our guiding principles

- 1 High expectations for all
- 2 Widening students' experiences
- 3 Outstanding teaching
- 4 Committed to equality & diversity
- 5 Celebrating academic achievement

 **REDHILL**
ACADEMY TRUST
Equality and Achievement





Farmilo Primary School and Nursery

Woburn Road, Mansfield, Nottinghamshire, NG19 7RS

☎: 01623 480107

☎: 01623 480108

✉ e-mail: office7@farmilo.notts.sch.uk

www.farmiloprimary.co.uk

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“22 Things to do!”

Our Farmilo Pledges:

Sustainable Citizen:

- Fundraise for Charity
- Take part in a sponsored event
- Collect litter on school site or local area
- Plant a tree/flowers/vegetables
- Go for a walk in Pleasley Vale
- Visit Pleasley Pit
- Complete first aid training
- Take part in a STEM event

Cultural Citizen:

- Visit Cinema/ Theatre
- Visit a Castle or Stately Home
- Visit a city
- Visit a zoo/ farm
- Visit a museum or art gallery
- Visit a place of worship
- Meet an Inspirational person
- Visit a college or University
- Visit Mansfield Library and meet an author

Social Citizen

- Attend a school residential
- Take part in Farmilo's Got Talent
- Take part in an after school/ lunchtime club
- Have a part in a school performance
- Fly the Flag for Farmilo
- Have a position of responsibility within school

Our aim is that all children will complete the Farmilo pledges by the time that they leave us!



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Our 2024 – 25 Offer

- Residential visits
- Breakfast Club
- Trips
- Sports clubs
- Swimming
- Royal Ballet
- Booster classes
- Choir
- Sponsored/Charity events
- Plays and performances
- Rocksteady
- Class Ambassadors
- School Parliament/ Class MPs
- Other responsibilities
- Sports events and festivals
- Forest Schools/ Outdoor Learning
- The Local Area
- Art Club
- Science- Active Explorers
- Keyboard Lessons
- Eco-Club
- Mental Health & Well-being
- French Club
- What next?



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Residential Visits

When children attend residential visits with school, they make memories for life. They also develop a range of skills – including independence and organisation.

Residential visits provide opportunities for children to take part in activities that we can't necessarily provide at school – such as climbing, river walks and zip wires.

Typically, we plan for children to attend residential in the following year groups:

Year1/ 2 – Two night- Walesby

Year 3 and 4 – Two nights – Hathersage

Year 5 and 6 – Two nights –Lea Green

Our aim is that all children will experience at least 1 residential visit whilst at Farmilo.



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Breakfast Club

We are very proud of our early morning provision at school.

We aim to make breakfast a bit like a home from home for the children. Children have food and drinks before enjoying a wide range of activities.

While activities are planned, children have some choice and freedom to decide what they would like to do or play with. It gives our pupils the chance to mix with children from a wide range of year groups.

Timings:

Breakfast clubs opens at 7:45am and runs until the start of the school day.

Please note that younger children are escorted from the club to their classrooms afterwards.



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Trips and Visits

We try hard to make our curriculum as memorable as possible by planning meaningful trips and visits.

Trips and visits link to work completed in a particular topic – for example, KS1 visit a castle when doing a history topic and KS2 children visit Yorkshire Sculpture Park linked to art.

Sometimes it isn't possible to plan a visit – such as when we learn about Space or Ancient Egypt.

During these topics, teachers consider whether to have a visitor in to school to help bring learning to life. Visitors into school have included the Dinosaur Man and Partake Theatre (who organise a day for the children to travel back in time to the period that they are studying) as well as the Wonderdome planetarium.

Class teachers will share further information about trips and visits during the school year.



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Sports Club

At Farmilo we think it is so important to offer children lots of opportunities to be active.

With this in mind, we offer a weekly sports club. This year we are also able to offer a weekly dance Club. Aswell as this, during lunchtimes there are opportunities for the children to take part in football training with Mansfield Town FC and running club.

The activities cater for children of all ages and abilities and are very much enjoyed. We are lucky enough to have a sports coach (Coach Ellis) who comes into school for 1 day per week so he gets to know the children well and they get to know his expectations.

During this year, Coach Hayley will also be teaching Dance lessons within PE sessions for all classes. Other coaches include tennis and dance.

Further Information:

Sports Club is on a Wednesday after school and Dance is on a Thursday.



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Swimming

From next autumn we will be using Pools For Schools for our children's swimming lessons. For 3 weeks we will have all day access to an onsite pool with instructors where the children will take their swimming lessons. This will begin with Y5 children and then other children in other year groups can be targeted for some extra support.

Children who attend swimming lessons out of school are also included in these lessons. In the first lessons the swimming instructors will assess the children and then group them depend on ability.

There will also be access to swimming after school clubs during these 3 weeks.



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The Royal Ballet

Children in Year 3 have the opportunity to be taught ballet by the Royal Ballet company. They visit school weekly and teach the children basic ballet skills. All of the children are invited to watch a ballet performance at one of the secondary schools during the course.

At the end of the course children are identified who have great ballet potential and are invited to an after school club at one of the secondary schools.

This continues throughout the rest of Key Stage 2 and into Key Stage 3.



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Booster Sessions

We always offer our Year 6 children the chance to stay behind after school to take part in booster sessions during the lead up to the Key Stage 2 SATs tests.

We hope that the majority of our Year 6 pupils will be involved in these extra sessions.

The sessions are run by the Year 6 staff so they are able to identify any gaps in learning and target individual children for extra support.

This has proved to be very beneficial to our children and has contributed to good outcomes in learning and the SATs tests.

Parents have been extremely supportive of this and participation is high.



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Farmilo Choir

Our Farmilo school choir is made up of Key Stage 2 children who practise during lunchtime. They sing at special events such as the Easter service and the Christmas Carol Service.

They also get involved in community events such as singing at the local care home, in Mansfield Four Seasons shopping centre and at Kings Mill Hospital.

This year they also had the opportunity to get involved in the annual 'Young Voices' event held at Sheffield Arena.



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Sponsored/ Charity Events

We want to help children understand the importance of giving to charities who support important causes.

Our school parliament help to organise a whole-school sponsored event every year. Often this involves physical activity.

So, not only do the children thoroughly enjoy the events, they also have more opportunities to stay fit and healthy while raising money for important charities.

We also regularly support Charities through non-uniform days. We have recently supported 'Together for Short Lives', 'Child In Need', 'National Mental Health day' and have raised money for Magnolia House Minibus appeal.



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Plays and Performances

We strive to give our children the opportunity to shine through providing drama opportunities. We have seen first-hand the huge impact performing in a play can have on a child's confidence, self-esteem and enjoyment of school.

Each year, our Foundation Stage, Key Stage 1 and Year 3, 4 and 5 classes perform a nativity/ Christmas concert. Every child has the chance to be on stage and all children sing a wide range of songs.

When children move into Year 6, they focus on and end of Year production which has proved to be very successful and means that all pupils get the chance to have a big part.

Both children and children love this!

There are other opportunities throughout the year for all children to perform through class assemblies and religious services.



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Rocksteady Music

This year our children have had the opportunity to become part of a rockband. This has involved the children working in groups, playing different instruments aswell as singing and being supported by a professional musician.

The highlight of this is perfoming and the end of the series of lessons to parents and children!

This activity is really helping develop pupil confidence aswell as enhancing the current music curriculum. It has been extremely popular this year and the children who have taken part have further developed their skills in music.



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Class Ambassadors

Two members of each class from Y1-Y6 are allocated the role of Class Ambassador. This role involves representing our school in a really positive way. Ambassadors great visitors to our school and to the classes and introduce themselves, introduce the class and explain what is currently happening in the classroom.

We find that this builds confidence and independence whilst also improving social skills. It is a very popular role within school and visitors always comment on how good our Class Ambassadors are.



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School Parliament/ Class MPs

We have a very active School Parliament.

Each year, we hold democratic elections in which children in Key stage 2 have the opportunity to stand for MPs for the School Parliament. All candidates make speeches and then children in Year 1 upwards have the chance to vote for the children they want to represent them.

Once elected, the MPs meeting with a member of the Senior Leadership team regularly to discuss ways of improving Farmilo.

In return for the time they give up, children develop organisational, communication and leadership skills.



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Other Responsibilities

Our children are very keen to support and nurture other children.

We try to foster this by offering some children the opportunity to coach others.

Some children have the role of 'Playground Buddy' where they offer support to others during breaktimes and lunchtime.

Other roles include:

Class Monitors

Health & Safety Officers

Eco- Team members

Play Equipment Monitors

Lunchtime Helpers



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Sports Events and Festivals

We work very closely with our School Sports Partnership to ensure our children get access to a wide range of competitions, events and festivals.

We try to make sure every child in school gets the chance to take part in at least one activity and aim to give every child the chance to represent the school in sport during their time with us.

Some of the competitions are aimed at our most able pupils – such as athletics competitions, while others are focused on participation and inclusion.

We try to improve our competitions offer each year, but common events include: tag rugby, football, Multi-skills, Boccia and Netball.

While we love to win events, we place a huge emphasis on sportsmanship – winning, losing and competing well!



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Sports Events and Festivals

We try to engage with a wide range of events, so the children get exposure to lots of sports and sporting activities. This academic year, children from Farmilo have taken part in:

- Cross Country
- Jingle Jog

We have signed up for other events which are due to take place soon. These include:

- Gymnastics festival,
- Boccia
- Athletics county qualifiers
- Multi skills
- Team building
- Tennis festival
- Girls club

Plus many more!



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Forest Schools/ Outdoor Learning

We are very proud of our Forest Schools offer. Mrs Shaw leads on this and is supported by our Site Manager, Mr Lawson.

During the sessions, children learn a wide range of progressive skills about the outdoors – including planting, using tools, building dens and knots.

Children love the Forest Schools sessions and it is amazing to see how they develop their team- work and communication skills!

Who takes part:

Children complete a programme of Forest Schools/ Outdoor Learning lessons during their time in Foundation Stage.

There are further opportunities for outdoor learning linked to curriculum areas as children progress through the school.



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The Local Area

We aim to use the local area as much as we can and encourage community links and partnership working.

Our children regularly visit the local care home, Magnolia House, where they interact with the residents.

Year ½ complete fieldwork looking around the Pleasley village.

Year ¾ children visit the River Meden as part of their Geography topic. They also look at Pleasley village and the Pit in History

Year 5 visit a local allotment as part of their Sow, Grow and Farm topic.

Year 6 complete road safety fieldwork on Chesterfield Road and observe settlement patterns around Pleasley Village as part of their Geography topic.

The local church, St Barnabas, is regularly used by our children for services and visits linked to RE learning.

We have positive links with Mansfield Town Football club with the Academy being next door to us.

All classes take part in an annual walk within our local areas as we realise how lucky we are to have the countryside on our doorstep!



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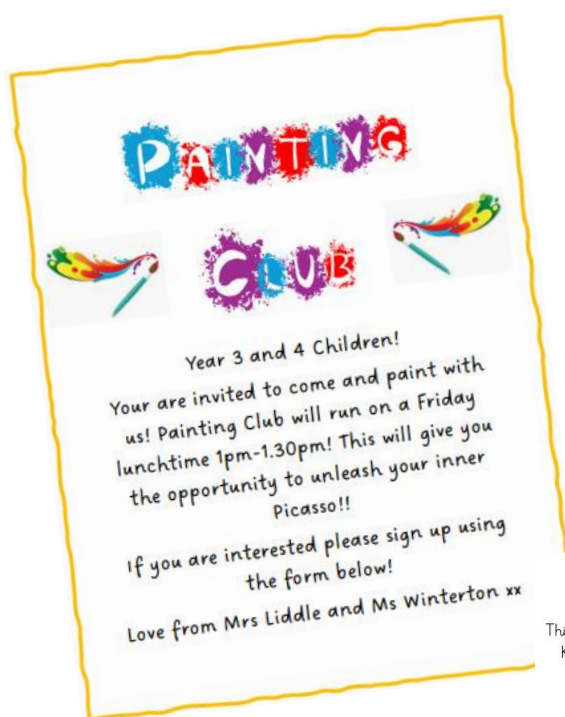
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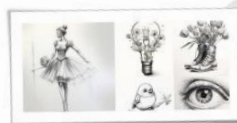
Art Club

Art club offers children the opportunity to practise a variety of skills which are embedded within the art curriculum such as drawing and painting. Although art club does specify which skills the children will be using, children can voice what they would like to be included in the club which then informs the focus of each session. Children also have the freedom to express their inner artist by creating art based on their own ideas and thoughts!



DRAWING CLUB

For spring 2 term all year 5 and 6 children will be invited to participate in drawing club!



Friday Lunchtime at 1pm in Ennis-Hill classroom

If you would like to join please let your teacher know! 😊 Mrs Liddle x

Drawing Club

This half term we will be running a drawing club for KS1 children (Lennon, Pankhurst and Donaldson).

Friday lunchtime at 12.30pm.

This club will be limited to 10 children per KS1 class.

If your child would like to join us please let their class teacher know! 😊



Mrs Liddle & Mrs Winterton xx





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Science – Active Explorers

Active Explorers is a lunch time club focusing on nutrition, exercising, mental health and looking after our bodies. The sessions are led by Registered Nutritionists and experience Physical Activity specialist, making healthy living exciting and approachable for children.

Public Health England **Nottinghamshire County Council** **Your Health Notts**

ACTIVE EXPLORERS

FREE support for your Club
Fun. Engaging Sessions Delivered by Your Health Notts

Are you looking to boost health and activity in your club?
Active Explorers is here to help—**free of charge!**
We offer 2–4 interactive sessions designed to slot into your existing after-school, before-school, or sports club programmes.

What's Included:

- 🚲 Smoothie Bike – Kids pedal to make their own delicious drinks.
- 🍏 Apple Donut Making and Fruit Kebabs – Healthy, hands-on fun.
- 🏃 Circuits & Games – Engaging activities to keep them moving.
- 🏆 Prizes – Including water bottles and wobble watches!

Led by Experts:
Our sessions are run by Registered Nutritionists and experienced Physical Activity specialists, making healthy living exciting and approachable for children.

Why Choose Active Explorers?

- It's completely **FREE**.
- Activities are tailored to complement your existing sessions.
- Encourages healthy habits in a fun, memorable way.
- Flexible Scheduling – We'll work around your club's timetable.
- We Come to You – All sessions are delivered at your location.

Ready to Get Started?
Contact Joana Richardson at jrichardson@ablhealth.co.uk

Let's work together to inspire healthier, happier children across Nottinghamshire



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Keyboard Lessons

We love music at Farmilo. As well as offering the chance for all children to learn to play the ukulele during curriculum time throughout upper school, we also give children the chance to learn to play the keyboard during extra lessons in school time.

We can provide keyboards for any children who don't have their own. Sessions are run by an external teacher from the Inspire Music Hub.

Sometimes it is possible to subsidise the cost of these lessons if children are eligible for Free School Meals.



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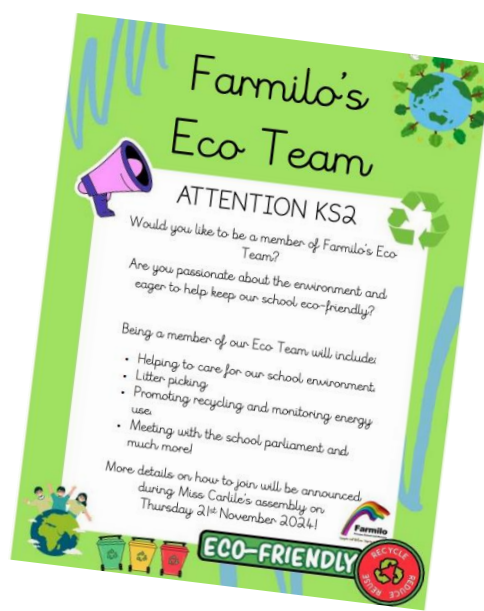
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Eco- Club

This year at Farmilo, we have relaunched the Eco-Team! We held a democratic election in which children in our KS2 classes had the opportunity to become a member of the Eco Team. All children interested wrote a speech to read to their classes, explaining why they would be a good asset to the Eco Team. KS2 classes then voted for one member from each class to join the team.

Our Eco Team are extremely passionate about the environment and strive to ensure that our school is eco-friendly and sustainable. Eco Team members and Miss Carlile meet regularly to discuss ideas and share ways in which we can promote recycling, reduce, reuse and care for our environment. Eco Team members will deliver assemblies to share ways in which we can all help to protect our planet!

Eco Team members conduct regular litter picking sessions around the school site, to ensure that we are looking after our school environment.



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Mental Health & Well-being

The mental health and well-being of all our pupils is a key priority to us and we pride ourselves in the interventions, policies and practises that we have in place to support every child as and when they need it.

All classes have 'Zen Zones' where the children can go to self soothe, self-regulate and use the calming down strategies that are spoken about in class and in Mindfulness sessions.

All classes have a Worry Monster where children can write comments to their teachers which can then be addressed in class. There are also Colour Monster Emotions sheets which children are able to access independently which encourages them to think and talk about emotions. In year 6, this is replaced with an 'emotion wall' as they are older.

All classes practise Mindfulness and breathing exercises and some classes have taken part in Yoga classes to support their well-being. There are also Key Stage assemblies on Mindfulness each half term.

All teaching assistants are trained in nurture support for children and some TAs are trained in areas such as Drawing & Talking, Lego Therapy and Play Therapy. There are various interventions which staff use with either individuals or groups of children like Resilience Star and Blob Tree.

We participate in charity mental health days such as Young Minds mental health day and Children's Mental Health Week where we raise money for charity by holding a non-uniform day and completing mental health activities in classes. We also have an assembly to accompany this with lots of conversation around the theme.

Zen Time Club is a new lunch time club held in the library for half an hour to support children with their well-being. There are doodle and colouring sheets, fidget and mindfulness toys with comfy settees and blankets for reading on. We have quite a few children who crochet and knit so this provides a space for that calming activity. Some weeks we have chart music playing, Just Dance and yoga to encourage exercise. The children are really enjoying attending this.

We are a 'Mental Health Support Team' school (part of CAMHS) and as part of this, we attended the NottAlone live event in Newark where we participated in workshops on different aspects of mental health, were able to network with other services and have a great day with some of our pupils promoting mental health.



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French Club



French club at Farmilo is a great club which introduces children to a new language and culture in a fun, interactive way. Through games, songs, and activities, children can develop basic French vocabulary and pronunciation, building on from our learning in the classroom. We have been able to build on our teamwork and communication with peers. Overall, our French club helps children build a strong foundation in language learning, boosting confidence and curiosity about other cultures. We also have great fun trying foods from different countries!



duolingo



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What's next?

When reflecting on our co-curricular offer at the end of last year, we identified some gaps in our offer.

We are always keen to look at ways to improve our co-curricular offer. We talk to the children about what they want and try to accommodate where possible. These are some ideas we have in mind in terms of future developments:

- Library club
- Subject leaders to consider whether they can co-ordinate any more after-school/ lunchtime clubs linked to their subject for half a term per year.
- Enhancing the sports offer for Year 3 and 4, who statistics show are less active than children in other year groups.